

## Case Studies

### Case Study #1

**Clinical Situation:** 93 yr. old gentleman living dependently who fell and fractured his hip. Alongside You was

hired by his daughter when he went to rehab to facilitate move back home.

#### Services I provided:

- Completed holistic assessment: medical history, functional, social, legal, financial including client's wishes/goals
- Home safety assessment including measurements of doorways and pictures of living areas and coordinated with therapy team
- Telephone/email conferencing with rehab team to coordinate discharge plans
- Ordered all durable medical equipment (DME) not paid for by insurance
- Hired a handyman for installation of DME, hired 24/7 caregivers
- Continued follow-up visits to ensure services were going well

### Case Study #2

**Clinical Situation:** 71 yr. old lady transitioned to assisted living after completing physical rehabilitation with a

desire to return home. Alongside You hired by her two friends who are medical/financial POA

to assess her healthcare needs and her ability to return home.

#### Services I provided:

- Completed medical history from client, client's POA's, facility and medical records
- Educated client and POA's on severity of client's heart failure
- Scheduled and attended all of her follow-up appointments
- Coordinated care with client's hospital case manager when hospitalized to keep lines of communication open between all involved parties
- Continued advocacy by prioritizing her health care goals and wishes, assisting with transitions of care and finding suitable living arrangements that meet her needs

### Case Study #3

**Clinical Situation:** 77 yr. old gentleman recently diagnosed with atypical frontal- temporal dementia. Alongside You was hired by his wife and son to provide support and resources.

#### Services I provided:

- Completed assessment including medical history, current medication list along with a basic cognitive, financial, legal, functional and safety assessment
- Provided education on the stages and progression of the dementia and safety concerns
- Educated family on services available including palliative and hospice care and Medicare covered services
- Referred to palliative care and Central Indiana Council on Aging (CICOA) to start application process for a Medicaid waiver
- Provided resources for legal aid and elder law attorneys to establish a trust

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